



2023 SACRAMENTO YOUTH FOOTBALL FOOTBALL PLAYER CARD

(THIS CARD MUST BE TYPED, NO EXCEPTIONS)

Weight Boxes Filled in @ Weigh In Only

AGE GROUP	WEIGHT	
8U	105 lbs	<input type="checkbox"/>
8U XMAN	* 106-149 lbs	<input type="checkbox"/>
10U	150 lbs	<input type="checkbox"/>
10U XMAN	* 151-169 lbs	<input type="checkbox"/>
12U	170 lbs	<input type="checkbox"/>
12U XMAN	* 171-184 lbs	<input type="checkbox"/>
14U	185 lbs/ NO FROSH	<input type="checkbox"/>
14U XMAN	* 186 ↑ lbs/ NO FROSH	<input type="checkbox"/>

Digitally add player's photo here

IDENTIFICATION CARD

Association: _____

Name: _____

Birth Date: _____ Age as of 8/1 _____

Parent: _____

Phone #: _____

Parents Email: _____

Emergency Contact: _____

Emergency Phone #: _____

CERTIFICATION STAMP #1

CERTIFICATION INFORMATION

Participant has been weighed, birth record inspected and meets all requirements to play youth football.

All Information contained on this card is certified accurate.

X _____ WEIGHT _____

WEIGHT- CERTIFICATION STAMP #2